Cooma Athletics Club
PO Box 1265
Cooma NSW 2630

coomaathletics@gmail.com

# 🌟 OUR CLUB'S PROMISE TO YOU! 🌟

**At Cooma Athletics Club, your safety, happiness, and fun are our top priorities. Every adult at our track is here to help you shine!**

### 👍 What Adults at Our Club WILL Do:

- **Treat you fairly** and with respect, no matter what events you choose.
- **Listen to you** and take your feelings seriously.
- **Ask you first** before helping you fix your athletic posture, shot put grip, or starting blocks position.
- **Make sure another adult is nearby** when they are coaching you or chatting with you.

### 🛑 What Adults at Our Club WILL NOT Do:

- **They won't ask for your personal phone number** or send you private messages on social media platforms.
- **They won't take photos of you** unless your parents have explicitly said it's okay.
- **They won't go into the change rooms or bathrooms alone with you** unless it is an emergency.
- **They won't drive you home alone** in their car.
- **They won't have "favourites"** or give special gifts to just one person.

### 🗣️ Felt Uncomfortable? Speak Up!

If an adult or another athlete makes you feel sad, scared, uncomfortable, or confused, **it is never your fault**. You can tell:

1. **Your parents or guardians.**
2. **Your coach** or a club official you trust.
3. Our club's **Member Protection Information Officer (MPIO): James Collins**